

AUGUST 2017

King Kekaulike High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TEACHER'S FIRST DAY
Admin Day **1**

PD DAY **2**

TEACHER'S WORK DAY **3**

TEACHER'S WORK DAY **4**

7

Chicken patty & Rice or Waffles, Mixed Fruit & Juice **8**

Banana Bread or Egg & Cheese Wrap, Pineapple, Juice **9**

Pancake Wrap or Pork Patty w/ Biscuit, Peaches, Craisins **10**

Port. Sausage & Rice Or French Toast Strawberries & Juice **11**

BEEF STEW & Rice or VEGGIE PIZZA or CHICKEN STRIPS & Rice with House Salad Mixed Fruit Strawberries w/g Roll

HOT DOG w/ Tater tots or CHILI CHEESE Tots w/ Biscuit Or SLOPPY JOE w/ Tater tots House Salad Apple Fruit Juice & Cookie

CREOLE MAC or BBQ PORK Sand. or TUNA MELT House Salad Diced Pears Orange

BAKED CHICKEN w/ Pasta or CHICKEN & Mash Potato or HOT TURKEY Sandwich House salad & bb Carrots w/g Roll Orange & Apple

Hot Dog & Rice or Sliders Peaches & Fruit Juice **14**

Coffee Cake or Fried rice Mixed Fruit & Juice **15**

Ham & Cheese Sand or Cinn. Toast & Ham Links ,Pineapple & Craisins **16**

Pizza Stick or Apple Pastry Orange & Fruit Juice **17**

STATEHOOD DAY
NO SCHOOL **18**

CHEESE BURGER or CHEESY CHILI & ROLL or CHICKEN NUGGETS & ROLL
Potato Wedges
Rainbow Salad
Honey dew
Diced Pear

CHICKEN TENDERS or PORK GISANTES or GOLDEN NUGGETS
All 3 Choices have RICE
Broccoli & Carrots
Cantaloupe
Pineapple & w/g Roll

FRIED Saimin & EGG ROLL or PHILLY CHEESE STEAK SAND
House salad w/ Tomatoes
Fruit Juice
Peaches

ASIAN CHICKEN w/ Rice or PEPPERONI PIZZA or TURKEY & RICE
Cole slaw
Broccoli & Carrots w/ Dip
Peaches
Pineapple
w/g Roll

Pancakes or Ham & Cheese Quesidilla, Strawberries & Juice **21**

P Pizza Bagel or breakfast Smoothie, Mix Fruit & Craisins **22**

Egg Omlet w/ toast or Greek Yogurt w/ toast, Papaya/Pine, Orange Juice **23**

Applesauce Muffin or Raisin Bagel, Pineapple & Juice **24**

Portuguese Sausage & Rice Or Baked Ham & Biscuit **25**

CHICKEN PATTY SAND. or BEEF & BEAN BURRITO or TUNA DIP & CHIPS
Curly Fries
Lettuce & tomato
Cantaloupe & Peaches

PASTA FLORENTINE w/ French Bread or TURK.-PASTRAMI SAND or BEEF BROCCOLI & RICE & w/g roll
House Salad w/ Baby Carrots
Mixed Fruit & Watermelon

POP CORN CHICKEN w/MASH POTATO or VEGGIE LASAGNA or FISH TACO w/ Asian Slaw
Roasted Veggies,
Apple & Peaches
Fruit Muffin

ITALIAN SAUSAGE PIZZA or TERI - CHEESE BURGER or CORN DOG
House Salad w/ Baby Carrots
Baked Beans
Fruit Juice & Watermelon

KALUA PORK w/Cabbage or KALUA PORK w/ spinach OR ROAST PORK w/ gravy
Rice
Lomi Tomato
Pineapple & Strawberries
w/g Sweet Roll

Pancake Wrap or Pork Patty w/ Biscuit, Peaches, Craisins **28**

Chicken patty & Rice or Waffles Mixed Fruit & Juice **29**

Banana Bread or Egg & Cheese Wrap, Pineapple, Juice **30**

Cinnamon Roll or Turkey Ham & Cheese Wrap Pineapple & Orange **31**

CREOLE MAC or BBQ PORK Sand. or TUNA MELT
House Salad
Diced Pears
Orange

BEEF STEW & Rice or VEGGIE PIZZA or CHICKEN STRIPS & Rice with House Salad Mixed Fruit Strawberries w/g Roll

HOT DOG w/ Tater tots or CHILI CHEESE Tots w/ Biscuit Or SLOPPY JOE w/ Tater tots
House Salad
Apple
Fruit Juice & Cookie

CHICKEN NUGGETS & RICE VEGGIE PATTY & RICE CHILI FRANK & RICE
Roasted Vegetables
Baby Carrots & Hummus
Pineapple & Strawberries
w/g Roll

DID YOU KNOW...
August was
named after
Augustus Caesar

A La Carte
ALL MEALS
INCLUDE A CHOICE
OF ½ PT.
CHOCOLATE,
1% OR SKIM MILK.
All Breakfast and
Lunch options are
Underlined and
Available on a first
come first serve
basis.

MENU SUBJECT TO
CHANGE WITHOUT
NOTICE

THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER.

School News

Aug 8th.. Welcome
Freshmen
Aug 18th.. Holiday
Statehood Day